

**Poquoson High School Hybrid/Poquoson Online Schedule**

| <b>Bell Schedule</b>     | <b>Monday</b><br>Group A – In person<br>Group B - Live Stream at Home<br>Poquoson Online – Live Stream at Home | <b>Tuesday</b><br>Group A – In person<br>Group B - Live Stream at Home<br>Poquoson Online – Live Stream at Home | <b>Wednesday</b><br>At home learning for all students.  | <b>Thursday</b><br>Group A – Live Stream at Home<br>Group B - In Person<br>Poquoson Online – Live Stream at Home | <b>Friday</b><br>Group A – Live Stream at Home<br>Group B - In Person<br>Poquoson Online – Live Stream at Home |
|--------------------------|--|---|---|--|--|
| <b>7:20am – 8:50am</b>   | Period 1   | Period 2  | Options for academic support, assignment completion, and asynchronous assignments for designated classes.** | Period 1   | Period 2   |
| <b>8:55am – 10:35am</b>  | Period 3   | Period 4  |   | Period 3   | Period 4   |
| <b>10:40am – 12:10pm</b> | Period 5   | Period 6  |   | Period 5   | Period 6   |
| <b>12:15pm – 1:10pm</b>  | Period 7   | Period 7  |   | Period 7   | Period 7   |
| <b>1:10pm – 2:00pm</b>   | Asynchronous; Remediation; SEL*  | Asynchronous; Remediation; SEL*   |   | Asynchronous; Remediation; SEL*  | Asynchronous; Remediation; SEL*  |
| <b>2:00pm – 2:15pm</b>   | Office Hours   | Office Hours  | Office Hours  | Office Hours   | Office Hours   |

- Each block includes approximately 45 minutes of instruction (i.e., direct instruction, small group facilitation, question/answer, etc.), followed by 45 minutes of activities/support/practice.
- 5 minutes between blocks for passing periods.
- Additional time added to the second block of the day to accommodate announcements and a 5 minute snack/mask break at the end of the period.
- Students will be assigned to Group A or Group B once survey responses are received.
- Grab-and-Go Lunch provided to students at dismissal.

\*SEL is social emotional learning and supports.

\*\*Designated classes include Advanced Placement (AP), Honors, and Dual Enrollment.