

Poquoson Middle School Virtual Learning Schedule – 8 th Grade					
Bell Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
7:20 – 8:10	Period 1	Period 1	Asynchronous learning for students & Teacher planning day <u>Live Virtual Office Hours:</u> 12:00pm - 1:00pm: English & P.E. 1:00pm - 2:00pm: Math, Science, Related Arts & World Languages 2:00pm - 3:00pm: Social Studies	Period 1	Period 1
8:14 – 9:04	Period 2	Period 2		Period 2	Period 2
9:08 – 9:58	Period 3	Period 3		Period 3	Period 3
10:02 – 10:52	Period 4	Period 4		Period 4	Period 4
10:52 – 11:18	Lunch	Lunch		Lunch	Lunch
11:22 – 12:12	Period 5	Period 5		Period 5	Period 5
12:16 – 1:06	Period 6	Period 6		Period 6	Period 6
1:10 – 2:00	Period 7	Period 7		Period 7	Period 7
2:00 – 2:30	Office Hours	Office Hours		Office Hours	Office Hours

✓ Blue font designates synchronous learning and black font designates asynchronous learning

Poquoson Middle School Virtual Learning Schedule – 6 th & 7 th Grade					
Bell Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
7:50 – 8:41	Period 1	Period 1	Asynchronous learning for students & Teacher planning day <u>Live Virtual Office Hours:</u> 12:00pm - 1:00pm: English & P.E. 1:00pm - 2:00pm: Math, Science, Related Arts & World Languages 2:00pm - 3:00pm: Social Studies	Period 1	Period 1
8:45 – 9:35	Period 2	Period 2		Period 2	Period 2
9:39 – 10:29	Period 3	Period 3		Period 3	Period 3
10:33 – 11:23	Period 4	Period 4		Period 4	Period 4
11:23 – 11:51	Lunch	Lunch		Lunch	Lunch
11:55 – 12:45	Period 5	Period 5		Period 5	Period 5
12:49 – 1:39	Period 6	Period 6		Period 6	Period 6
1:43 – 2:35	Period 7	Period 7		Period 7	Period 7
2:35 – 3:05	Office Hours	Office Hours		Office Hours	Office Hours

✓ Blue font designates synchronous learning and black font designates asynchronous learning